



A MATTER OF SUBSTANCE: AT-A-GLANCE

FEBRUARY 2016

A PUBLICATION OF IDPH
DIVISION OF BEHAVIORAL HEALTH

DIVISION QUICK FACTS

Bob Kerksieck to Retire:

For the last 10 years, Bob has been a Health Facilities Surveyor in the Division of Behavioral Health. He's now decided he wants to live the good life and spend more time with his family! When asked about his time at IDPH and what it meant to him, Bob said, "I remain very passionate about quality problem gambling services for the citizens of Iowa and I have seen many high quality substance use disorder and problem gambling treatment programs while doing licensure inspections across the state." Bob said he has no shortage of "to-do's" on his retirement list. In addition to spending more time with his family, he plans to enjoy the outdoors doing things he loves (photography, gardening, fishing, biking and canoeing), reading, and increasing his workout regimen.

Bob's last day will be February 11th. An open house will be held from 1:00-2:00pm in the Director's Conference room at IDPH. *Please feel free to stop by!*

Update on CCBHC's:

As we have discussed before, the Certified Community Behavioral Health Clinics (CCBHC) grant is a one-year planning grant awarded to the Iowa Department of Human Services by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) in October 2015. IDPH is a critical — and required — partner in the grant, as Iowa's single state agency for the Substance Abuse Prevention and Treatment Block Grant. The CCBHC grant is intended to assist states in improving the behavioral health of their citizens through high-quality, coordinated, community-based mental health and substance use disorder services built on evidence-based practices and integration of physical health care services.

DHS and IDPH are hosting a series of CCBHC stakeholder advisory meetings. The meetings are open to the public and interested parties are invited to attend. For information on future meetings or for resources on CCBHC implementation in Iowa, please go to: <http://dhs.iowa.gov/mhds/mental-health/ccbhc>

In the News:

- Anatomy of Addiction: How Heroin and Opioids Hijack the Brain - <http://tinyurl.com/hv4xht9>
- Drug Use Trends Remain Stable or Decline Among Teens - <http://tinyurl.com/j6txds6>
- New Research Ranks Well-Being in the U.S. by State
- Research on THC Blood Levels Shed Light on Difficulties of Testing for Impaired Driving - <http://tinyurl.com/jqpqvz4>
- Spike in Newborn Drug Withdrawal Tied to Prenatal Painkiller Use - <http://tinyurl.com/grant8l>
- These States Have the Most Campus Alcohol and Drug Arrests - <http://tinyurl.com/hv7fvmq>

UPCOMING EVENTS

Emerging Drug Trends

February 12

ASAC Prevention Services Office in Cedar Rapids

To register, go to <http://asac.us/about/careers/training/emerging-drug-trends/>

Warp Speed: Parenting and Working with Teens in a Digital Age Webinar

February 17 at 2:00 pm

To register, go to <http://tinyurl.com/goga3rl>

SAVE THE DATE: 39th Annual Governor's Conference on Substance Abuse

April 19-20

Veterans Memorial - Comm. Choice Credit Union Conv. Center

For more information, watch the [Training Resources](#) website

Opening the Discussion to LGBTQ+ Issues

April 29 Jackson Recovery Centers' -

Child and Adolescent Recovery Hospital in Sioux City

To register, call 712-258-4578

For more information about the Division of Behavioral Health, visit www.idph.state.ia.us/bh

For questions related to "A Matter of Substance," contact the editors: